


1 in 3 women around the world is a victim of DV

Taking Action Against Domestic Violence

If you know someone who is being abused

Do

- Listen and empathize
- Maintain confidentiality
- Validate: say as often as you can
 "I believe you." &
"You don't deserve this."
- Refer them to a professional and offer to come along to the appointment
- Document what they tell you

Don't

- Give advice
- Judge
- Offer mediation as a solution
- Question their story or experience

AVDA
end abuse/begin again®



EMPOWERING
SOUTH ASIAN
SURVIVORS
OF ABUSE



Recognize

- Listen empathetically
- Ask about physical & emotional abuse



Respond

- Accept & validate
- Document & maintain confidences



Refer

- Contact law enforcement if necessary
- Call the resources listed here

Resources & Referrals

Serving Austin, Fort Bend, Galveston, Grimes, Harris, Montgomery, Waller & Washington Counties

Domestic Violence Agencies, Shelters & Counseling

Aid to Victims of Domestic Abuse (AVDA)	713-224-9911
🏠 Bay Area Turning Point	281-286-2525
Daya	713-981-7645
🏠 Family Time	281-446-2615
🏠 Fort Bend County Women's Center	281-342-4357
Fresh Spirit Wellness for Women	713-588-4418
🏠 Houston Area Women's Center	713-528-2121
Katy Christian Ministries	281-391-4357
Memorial Assistance Ministries	713-468-4516
🏠 Montgomery County Women's Center	936-441-7273
Montrose Counseling Center (LGBT)	713-529-3211
🏠 Northwest Assistance Ministries (FAMILY VIOLENCE HOTLINE)	281-885-4673
Resource and Crisis Center of Galveston County	888-919-7233
🏠 The Bridge Over Troubled Waters	713-473-2801

Hotlines

Childhelp National Child Abuse Hotline	800-422-4453
Child and Adult Protective Services - Texas	800-252-5400
Crisis Intervention of Houston (MENTAL HEALTH)	832-416-1177
National Domestic Violence Hotline	800-799-7233
Rape, Abuse & Incest National Hotline Network (RAINN)	800-656-4673
Suicide Hotline	800-273-8255

Legal Services

Aid to Victims of Domestic Abuse (AVDA)	713-224-9911
Family Violence Legal Line	800-374-4673
Harris County District Attorney (FAMILY CRIMINAL LAW DIVISION)	713-274-0212
Houston Volunteer Lawyers	713-228-0732
Lone Star Legal Aid Foundation	713-652-0077

Police

Baytown Police Department	281-422-8371
Fort Bend County Family Violence Unit	281-341-4648
Galveston Police Department	409-765-3702
Harris County Sheriff's Office	713-221-6000
Houston Police Department	713-884-3131
HPD Family Violence Unit	713-308-1100
Montgomery County Sheriff's Office	936-760-5800
Pasadena Police Department	713-477-1221